Implementation of Survivorship Care Plans Focused on Sarcoma Patients in the Child and Adolescent Oncology Clinic

BACKGROUND
A survivorship care plan (SCP) is a personalized document that summarizes cancer treatment and outlines a plan of recommended ongoing care, with the goal of facilitating the coordination of post-treatment care that should be provided to all patients. As an accredited program of the American College of Surgeons (ACS), MD Anderson Cancer Center (MDACC) must meet the requirement that 75% of eligible patients will received a SCP by December 31, 2018.

PURPOSE
To develop a SCP that is individualized to the pediatric sarcoma population within the Child and Adolescent clinic.

METHODOLOGY
The quality improvement method chosen for this project was the Plan-Do-Study-Act (PDSA). Data was collected from the electronic health record (EHR) on the number of survivorship care plans (SCPs) that were completed on pediatric sarcoma patients seen for routine off-therapy evaluation.

RESULTS
Implementation of this project increased the use of SCP from 0% at baseline to 70% at six months after project implementation. There were a total of 26 SCPs created from April 2018 through October 2018. During the same time period there were 37 eligible patients seen for routine follow-up care. Advanced Practice Providers (APPs) carry the bulk of the responsibility for the completion of the SCP as they completed 77% of those done.

IMPLICATIONS
This project was successful in creating a pediatric sarcoma specific, and increasing the number of SCPs provided to routine off-therapy patients followed in the pediatric sarcoma clinic. The SCP contains priory therapy that the patient has receives as well as risks of late effects, and recommendations for follow-up.