Endowed Faculty Positions

CHAIR
Patricia L. Starck, Ph.D., R.N., FAAN
Huffington Foundation Endowed Chair in Nursing Education Leadership

Seeking candidates
Isla Carroll Turner Chair in Gerontological Nursing

DISTINGUISHED PROFESSOR

Seeking candidates
Bette P. Thomas Distinguished Professorship in Innovative Health Care Delivery
Sandria K. Hanneman, Ph.D., R.N., FAAN
Jerold B. Katz Distinguished Professorship for Nursing Research

Seeking candidates
John P. McGovern Distinguished Professorship in Addiction Nursing
Patricia L. Starck, Ph.D., R.N., FAAN
John P. McGovern Distinguished Professorship in Nursing
Terri S. Armstrong, Ph.D., FAAN
John S. Dunn Distinguished Professorship in Oncology Nursing
Janet C. Meininger, Ph.D., R.N., FAAN
Lee and Joseph Jamail Distinguished Professorship in the School of Nursing
Mara Baun, Ph.D., R.N., FAAN
Lee and Joseph Jamail Distinguished Professorship in the School of Nursing
Duck-hee Kang, Ph.D., R.N., FAAN
Lee and Joseph Jamail Distinguished Professorship in the School of Nursing

Seeking candidates
Nancy B. Willerson Distinguished Professorship in Nursing

PROFESSOR
Joan C. Engebretson, Dr.PH., R.N., AHN-CB
Judy Fred Professorship in Nursing
Nancy H. Busen, Ph.D., FNP-BC, APRN
Margaret A. Barnett/PARTNERS Professorship in Nursing

Seeking candidates
PARTNERS Endowed Professorship in Nursing
Cathy L. Rozmus, Ph.D., R.N.
PARTNERS Professorship
Joanne V. Hickey, Ph.D., R.N., ACNP-BC, FAAN, FCCM
Patricia L. Starck/PARTNERS Professorship in Nursing
Nancy Bergstrom, Ph.D., R.N., FAAN
Theodore J. and Mary E. Trumble Professorship in Aging Research
Deanna E. Grimes, Dr.PH., R.N., FAAN
Suzie Conway Endowed Professor in Nursing

(As of September 30, 2014)

ON THE COVER:
Haley Robinson (left) and Brittany Bradshaw – preparing to apply an Ambu bag for manual resuscitation during practice in the Simulation & Clinical Performance Laboratory. Both are Pacesetter BSN students scheduled to graduate in Dec. 2014. (Photo by Nash Baker)

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Investing in Nursing Educators

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PARTNERS Luncheon “SHARES THE LIGHT” to support School of Nursing

Giving back is on the menu for restaurant owner, nursing alum

“Vetrepreneur” Marylyn Harris joins roll of Distinguished Alumni

McGovern Outstanding Teacher Awards for 2014 go to Hanneman & Laird

Hickey among nine UTHealth faculty members honored by Regents

Embracing healthcare challenges in Rwanda

Faculty Publications

Faculty Research

CaringMinds is the annual publication of the UTHealth School of Nursing that celebrates achievements in philanthropy, research, faculty excellence and other areas of interest. For additional copies, please e-mail: David.R.Bates@uth.tmc.edu or call 713.500.2111.

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Unless otherwise noted in a byline, all text was written by David R. Bates.
No matter the outcome of the university’s search for the next School of Nursing dean, this undoubtedly is my last annual message in Caring Minds. Over the years, I have had succession plans, but I seem to have outlasted the relevance of them. At any rate, I am confident that we will find just the right person to take my place.

I have to tell you, it is quite entertaining to clean out your desk after 30 years. Here are some of the things I have found, so far:

- old hand-held adding machines, long extinct
- manuals for same, manuals for electronics I don’t even remember ever having
- business cards of people I don’t remember, accepted on occasions also forgotten
- different colors of sticky notes with mysterious phone numbers
- keys of all sizes to goodness-knows-where
- miscellaneous things I thought I might need – like a police whistle!
- paper files of things I needed one day, but never again – do these go to the archives?
- half-written manuscripts I intend to get back to one day, if I have time
- about 33 notepads collected from hotels so I could save money for the university
- defunct items like floppy disks, VHS tapes and a Rolodex.

It is surprising and humbling that I have had a lengthy enough career to be asked to contribute oral history interviews to the Texas Medical Center Library’s Women’s History Project, which is dedicated to capturing and preserving the voices and stories of the women who have significantly affected health-related research and health care in the TMC.

Regardless of the contents of my office, there always has been a central dilemma over the last 30 years in my role as dean. How to respond to competing demands of the “right now what’s on your desk” and the longer-ranged, visionary needs. Over the past 30 years, our overall response has been “Let’s be pacesetters, meeting emerging needs while also planning for what’s just over the horizon.”

The world is so much smaller today than it seemed when I started my nursing career in small-town Georgia back in 1960. I remember as a young girl how we were not allowed to go to the community pool because there was a polio outbreak in town. Today, the 24/7 interconnectivity of social media and the Internet brings an Ebola outbreak into our immediate awareness.

Today’s omnipresent Internet was difficult to imagine in 1993, when there were just 50 World Wide Web servers in existence. The hard drive of the average home computer back then had yet to exceed one gigabyte. Today, the Internet is estimated to be five million terabytes, of which Google has indexed roughly .04 percent of its total size. A fourth-generation Kindle can hold about 6,000 books. My smartphone’s memory expands up to 32GB, and you can store a library of 1,000 long books without pictures on a GB storage unit.

Buckminster Fuller created the “Knowledge Doubling Curve” after he observed that, until 1900, human knowledge doubled about every century. By the end of World War II, knowledge was doubling every 25 years. Today, different types of knowledge have different rates of growth. For example, clinical knowledge is doubling every 18 months!

Continuous exponential progress, by its very nature, is mind-boggling. At the same time, nursing education enjoys unprecedented reach via online classes and distance education. Also, the healthcare challenges at both bench and bedside are more complex than ever.

What is going to happen in the future with molecular medicine discoveries to prevent diseases, and when there are treatments through gene therapy or stem cells? Will we still need nurses? Of course! We will still need bedside nurses for acute care and trauma, and nurses who will take care of the whole patient, especially in primary care and chronic illness management. We will need advanced clinicians to help translate all of the coming discoveries to patient care.
And, we’ll need other smart nurses to be a PI on an NIH-funded grant and to educate the nurses of the future.

My nearly 50 years of experience tells me that the future of nursing is more and more education.

I know with certainty that new leadership, when in place, can further develop the outstanding people and programs of the UTHealth School of Nursing, enhance philanthropic support and enable faculty members to make significant contributions to nursing research and scholarship.

Finally, I appreciate the confidence and support of UTHealth President Giuseppe N. Colasurdo, M.D., as I apply myself full time as Senior Vice President for Interprofessional Education, in which I will be working on new initiatives involving all six of the university’s schools.

There is nothing left to do now but offer best wishes to the lucky person who will be this school’s next dean, and to say “thank you” to everyone for more than 30 wonderful years.

Patricia L. Starck, Ph.D., R.N., FAAN
Dean, UTHealth School of Nursing
John P. McGovern Distinguished Professor
Huffington Foundation Chair for Nursing Education Leadership
UTHealth Senior Vice President for Interprofessional Education
November 2014

UT Health Services clinic achieves major recognition for primary care

The University of Texas Health Services (UTHS), part of the faculty clinical practice at the UTHealth School of Nursing, was awarded recognition last May by the National Committee for Quality Assurance (NCQA). The clinic was recognized at Level 2 of the Patient-Centered Medical Home 2011 (PCMH 2011) program.

The NCQA PCMH 2011 program was developed to assess whether physician practices are functioning as medical homes and recognize them for these efforts. Recognition standards emphasize the use of systematic, patient-centered, coordinated care that supports access, communication and patient involvement.

“I am very proud that this Level 2 distinction has come to UTHS, which has long been a national model,” said School of Nursing Dean Patricia L. Starck. “Achievement of this recognition indicates our dedication to quality health care and to providing an outstanding learning environment for the nurse practitioner of the future.”

UTHS, which is managed and primarily staffed by nurse practitioners, is the first UTHealth clinical practice to receive NCQA’s PCMH 2011 Recognition.

“As a patient-centered medical home, UT Health Services utilizes a team approach to health care, with the patient at the center of the team,” said UTHS director Laura Rooney, D.N.P. “We partner with our patients to achieve their individual goals, and assist them with management of chronic disease through care management and planning. Our patients receive not only our primary care expertise, but we will help them to navigate the healthcare system while assisting with coordinating and organizing their care.”

Faculty members, staff and friends celebrated the important clinical achievement at a July event, where the School of Nursing also bid farewell to Associate Dean for Practice Thomas A. Mackey, Ph.D., R.N., who has retired after 25 years of service.

UTHS has about 40 contracts with business and industry to provide primary care, occupational health, travel medicine and other services, which involves more than 20 School of Nursing faculty members. Each year, UTHS reports more than 10,000 clinical visits by patients.
Accelerated PhD scholars finding path to future as nursing educators

“Our second cohort of six full-time accelerated Ph.D. students has embraced the work of a doctoral student, and all six have successfully completed the first year,” reports Geri L. Wood, Ph.D., R.N., coordinator of the Ph.D. in Nursing Program.

Each of the UTHSCSA School of Nursing’s six Accelerated Ph.D. Scholars who started the intensive three-year degree program in fall 2013 comes from different nursing backgrounds and life experiences. The youngest in the group is 32 years old, the eldest is 55.

“Each student is very goal-directed, and they all arrived at the beginning of their program as accomplished clinicians,” says Wood.

For example, Vivian L. Smith Foundation Scholar Mona Cockerham was selected in 2014 for a Silver Medal in the Non-Hospital Based Care Category of the Good Samaritan Foundation’s Excellence in Nursing Awards.

Cockerham, who has worked since 2005 as a nursing quality specialist at Methodist Willowbrook Hospital, was lauded by one nominator for playing “a critical role in the attainment of the hospital’s Magnet designation in late 2013” and another noted that her “research activities exemplify how she is focused on furthering the nursing profession.”

“They spent the first year completing their core courses, electives and cognates,” says Wood. “In class their shared experiences allow them to grow and learn not only from the faculty but also from each other.”

“We come from such different areas of nursing that drawing upon each other’s knowledge is very helpful,” agrees Seema Aggarwal, one of two Houston Livestock Show and Rodeo Scholars. “We’re always exchanging ideas and checking each other’s thinking.”

“My biggest challenge as a returning student was adjusting to the pace of an accelerated program,” recalls Patricia Bryan, the Texas Children’s Hospital Scholar.
“The one thing that I did not expect was how quickly I would bond with certain faculty members and peers,” says Laura Santibáñez, the Memorial Hermann Hospital System Scholar. “Some of those bonds have already blossomed into lifelong, true friendships that I am truly blessed to have.”

“The first cohort has been available as a source of support and information,” notes Wood.

With the first 10 accelerated Ph.D. scholars now contributing to UTHealth School of Nursing’s faculty as full-time assistant professors, the program’s trail has been successfully blazed.

The first Cohort has been very helpful – we’ve had a formal group meeting and numerous informal ones with them individually,” says Houston Livestock Show and Rodeo Scholar Chukwudi “Chudi” Ekwemalor.

Bryan remembers advice and encouragement from the first group’s Anitra Frederick, Ph.D., R.N., who told her: “After the first year, you’ll really come into your own!”

The six Accelerated Ph.D. Scholars are unanimous when asked about the commitment and involvement of the faculty.

“My professors are fantastic!” sums up the School of Nursing Advisory Council Scholar, Joy Corcione. “The faculty members challenge you but don’t leave you hanging, academically – ever! The one-on-one time is phenomenal – they take a personal interest in our success.”

Last spring, Corcione was one of three UTH ealth School of Nursing scholars to receive a Nurse Leaders grant from the Jonas Center for Nursing and Veterans Healthcare to help fund her doctoral studies.

“The program is extremely well-organized and serves the student well,” observes Cockerham. “Each part builds systematically on what has gone before.”

“Dr. Penelope Benedik in the nurse anesthesia program, who was my former advisor while I was a master’s-level student, provided support on another level,” Santibáñez says. “She encouraged me and supported me during some of my most difficult times – not only as a professional mentor, but as a friend.”

“The program is extremely well-organized and serves the student well,” observes Cockerham. “Each part builds systematically on what has gone before.”

“Each student has been working diligently at developing their area of research with the faculty and identifying collaborators in the community,” says Wood.

“Anesthetic neurotoxicity is my research focus,” says Santibáñez. “I plan to investigate various outcomes in pediatric patients with multiple anesthetic exposures.”

Aggarwal plans to build on her observations from working as a school nurse and at Memorial Hermann Sports Medicine Institute’s concussion program to study gender differentiation and vulnerability factors in concussions suffered by adolescents.
“I’m enjoying connecting what I see (in clinic) with what I can reason (in research),” she says.

Corcione wants to know how social support affects self-care behaviors in heart-failure patients, with the ultimate goal of decreasing hospital readmissions. She also has a growing interest in issues of health in the workplace and holistic medicine.

Working at The University of Texas Harris County Psychiatric Center has inspired Ekwemalor to plan a qualitative research on adolescents who have a substance abuse disorder as well as a psychiatric disorder. “I want to focus on recidivism and what is driving it,” he explains. “That way I can help to identify new interventions and maybe useful biomarkers for early intervention.”

Bryan is looking at factors in infectious diseases, especially parasitic diseases, in immigrant children from Central and South America.

Cockerham recently completed – with Lee and J.D. Jamail Distinguished Professor Duck-Hee Kang, Ph.D., R.N. – a pilot project on the role of interpersonal versus work-related stress and social resources on cortisol and fatigue in staff nurses and nurse leaders in an acute-care setting.

“Over the next two years each student will develop their research trajectory through completion of their candidacy and dissertation research,” explains Wood. “Thereafter we look forward to welcoming them as new faculty who will conduct their own research and be poised to assist in the education and development of new generations of nurses.”

Corcione, tech-savvy and eager for new challenges, can hardly wait. “I’m going to be an online teacher and use the latest technology to provide students, near and far, with the opportunity to take classes.”

“I want to fully develop a concussion vulnerability model,” says Aggarwal, whose research interest is very much in the news. “Under-reporting and repetitive concussions are a growing concern, as well as an ethical issue for sports and parenting.”

“My career goal is “to actively participate in research while working as a doctoral faculty member,” says Bryan. “I love to get students excited about being a part of discovery!”

With Year Two underway, all six scholars have set their eyes on a united graduation from UTHHealth School of Nursing in 2016.

**Investing IN NURSING EDUCATORS**

The successful model for the Accelerated Ph.D. Scholars program provides highly qualified and motivated candidates with annual stipends of $69,700 for each student – or $230,000 per student over three years, including faculty stipends – to help offset the costs of the program and cover basic living expenses. The stipends enable full-time study so that the students complete their degrees much sooner than the eight years of part-time study it traditionally takes to complete the rigorous doctoral curriculum of 66 post-master’s credits. Each doctoral scholar carries the title of an organization that made a gift to the initiative of at least $60,000 per year for the three years.

The second AccPhD group includes (below, left-right): Joy Corcione – with Dr. Geri Wood, Ph.D. program coordinator – Laura Santibáñez, Mona Cockerham, “Chudi” Ekwemalor, Patricia Bryant and Seema Aggarwal. (Photo by Dwight Andrews)
The walls in Patricia “Pat” Hildebrand’s nursing home room are a vibrant gallery of pictures from yesteryear – decorative crosses, birthday balloons and many stuffed sharks, starfish and seahorses.

“I love sea creatures,” she says, pointing at an art quilt depicting ocean life hung by the door. “It’s a gift from my church congregation.”

The display spills to her nightstand, where photos in colorful frames and a wood carving of the word “love” – with the “o” shaped like a heart – compete for space with a telephone and a clock radio.

To Hildebrand, 81, these are the objects of fond remembrances – her coming of age, her deceased older daughter, her friends and her church. They’re also reminders of cherished fragments of her life at the nursing home, the Grace Care Center of Cypress – her late roommate, a special volunteer, her caregiver, and many bingo games played with fellow residents for which she amassed the stuffed sea creatures as prizes.

After her older daughter died of cancer years ago, she moved here to be closer to her younger daughter who, to Hildebrand’s disappointment, doesn’t get to visit her often. Nor has Hildebrand been able to see her son the last few years.

“I let them live their lives; I just go on,” she says.

With her children hard to reach, a volunteer named Diana Mangold became a highlight in Hildebrand’s world at Grace Care.

Several times a week, Mangold visited a group of residents including Hildebrand, giving them hugs, listening to them laugh and cry, and assisting them at bingo. She regularly dug into her own pocket to buy stuffed animals and other gifts to build the prize pool.

“She was not only a friend but family,” Hildebrand says. “We always look forward to seeing her.”

But differences between Mangold and the nursing home’s previous management arose, and she was asked to no longer visit the residents. What transpired didn’t sit well with Hildebrand and her friends.

“Diana is my adoptive daughter and she’s done so much for me,” says resident Etta Kapner, 97, recalling Mangold bringing her daily necessities such as hand lotion and helping her pick audio books to buy as she was progressively losing her vision. “I was just frustrated she could no longer visit me.”

The distress was noted by Greg Shelley, an ombudsman and volunteer coordinator of the Harris County Long-term Care Ombudsman Program, during a routine visit to Grace Care. He stepped in.

“Residents have the right to have any visitors they want,” Shelley says, citing state and federal laws on nursing homes.
“It’s easy for seniors to feel isolated and vulnerable. Visits from family, friends and service providers are important to their physical, mental and psychosocial well-being.”

With Shelley’s successful mediation, Mangold soon returned to resume her weekly routines with the residents.

“A miraculous thing”

Working to bring a visitor back is one of myriad issues Shelley and his colleagues tackle at long-term care communities throughout the year. Run by The University of Texas Health Science Center at Houston (UTHealth) School of Nursing’s Center on Aging (COA), the ombudsman program aims to safeguard the quality of life for nursing home and assisted living community residents.

Ombudsmen confront nursing home neglects and abuses, fight illegal involuntary discharge attempts, and stop financial exploitation of residents by a family member or acquaintance. They also address day-to-day issues such as demanding less salt in meals for residents whose medical conditions call for sodium restriction and securing more therapy days for someone with a physical impairment.

“It’s a miraculous thing,” Hildebrand says of the program, adding that Shelley’s regular presence at Grace Care makes her feel less “scared” about living in an institutionalized environment.

The ombudsman program staff and volunteers regularly visit these communities to monitor living conditions and quality of care and investigate and resolve complaints.

Hildebrand became uncharacteristically vocal when her electric wheelchair was taken away by the nursing home staff after she accidentally accelerated it during a clinic visit to her doctor and ended up injuring herself.

“The wheelchair was gone when I got home,” she says. “I couldn’t understand why they took it away without my approval. I was depressed for a long time.”

Calling the issue “a matter of dignity for a senior,” Shelley negotiated steadfastly for Hildebrand with the nursing home management. After reassessment, not only did the administration return Hildebrand’s wheelchair but also revised its policy to allow electric wheelchairs for all residents who pass an operation test.

“This is one of the examples of how our ombudsman program seeks to resolve an individual issue, which leads to institutional changes,” Shelley says.

Volunteers a mainstay

The ombudsman program as a community service is aimed at advocating for optimal quality of life and care for residents of long-term care facilities.

“We do more than just advocate; we are the voice, eyes and ears of residents – many of whom are either unable or afraid to speak up for themselves,” says program manager Carmen Castro.

Led by Associate Dean of Research Nancy Bergstrom, Ph.D., R.N., holder of the Theodore J. & Mary E. Trumble Professorship in Aging Research and COA director, the program relies heavily on UTHealth-trained volunteer ombudsmen who visit weekly more than 90 nursing facilities with nearly 11,140 beds in the county, Castro says. Of nearly 94 certified ombudsmen, all but seven full-time staff members are volunteers.

For 12 months from September 2013 to August 2014, the program logged...
2,991 staff and volunteer visits to 96 nursing homes and 1,744 visits to 278 assisted-living facilities, with 638 out of 692 documented complaints resolved or partially resolved, including issues with placing residents in community-based long-term facilities.

Often, an ombudsman is the only visitor a resident has, says Steve Lewis, a volunteer ombudsman. Lewis, who is assigned to Winterhaven Healthcare Center, a nursing home in north Houston, says: “They look forward to having me to come. It also allows me to get to know them and their life stories, and we become friends.”

A friend, not a foe
The program is also a service to long-term care facilities, Grace Care administrators say, by offering “another set of eyes” for the facility.

Nathan Redberg, the nursing home’s former executive director, says the ombudsmen’s ability to approach conflict from a neutral standpoint gives them credibility in offering perspectives to all concerned parties, who tend to be “closed-minded” in a dispute.

Cheri Brinkman, Grace Care’s former director of activities, agrees. “Being in a resident’s situation where your life is reduced to a room you share with somebody, you’ve lost so much

control, so much independence. An ombudsman is seen as a great support,” she says. “I hope more residents will use the program.”

Residents are inspirations
A lot of times, residents themselves are his inspiration, Shelley says.

Grace Care resident Etta Kapner is a case in point. She lately entrusted Shelley with a whole different task: prodding the administration to form a classical music appreciation group so a fellow resident can choose CDs and operate her CD player – something she can’t do for herself with her vision loss.

“We continue to be the only long-term care ombudsman program in the nation housed in a university – which affords us many opportunities that other programs can only dream of,” says Castro. “Beyond providing the basic services, we have the opportunity to educate and inform not only consumers and long-term care providers, but to also contribute to the field of long-term care and aging through research that we are only able to conduct because of our affiliation with the School of Nursing.”

Want to volunteer?
Volunteers play a huge role in delivering Harris County Long-term Care Ombudsman Program’s services to nursing homes and assisted living communities across the county. If you are at least age 18 and have a passion for helping others, consider joining the team as a volunteer ombudsman to make a difference in the lives of long-term care facility residents.

The UT Health School of Nursing provides training for volunteers. It includes a 30-hour internship comprising two full-day classroom training sessions, two two-hour facility visits with program staff and 14 hours of self-guided study from a provided manual. Upon successful completion of the training, volunteers will be certified by the state of Texas Office of the Long-term Care Ombudsman.

Volunteers are expected to spend at least a year following certification, visit their assigned facility at least two hours a week, advocate for the best possible quality of life for the residents, and complete at least 12 hours of continuing education a year.

To join, contact Greg Shelley, volunteer coordinator, at 713-500-9932 or greg.shelley@uth.tmc.edu. For more information, visit the program’s website at: https://nursing.uth.edu/coa.
Honors long time nursing donors and Dean Starck

The soaring vocal gifts of musical theater star, mother and cancer survivor Kristen Hertzenberg inspired nearly 400 guests to “Share the Light” at the PARTNERS Spring Luncheon, held April 23, 2014. A Kingwood native, Hertzenberg, is a versatile and much-admired soprano based in Las Vegas who has starred as “Christine” in Phantom—the Las Vegas Spectacular at the Venetian Hotel and Million Dollar Quartet” at Harrah’s.

Hertzenberg spoke emotionally about her surgery for thyroid cancer in 2011, which threatened her vocal cords and her ability to sing professionally. During her chemotherapy and recovery, she gained a new admiration for the hard work and dedication of nurses. “I got over the scary speed bump that life presented, and it left me feeling very fortunate and grateful,” said the busy vocalist and mother of a young daughter. “When we need care, nurses are there for us—and always with compassion.”

PARTNERS Board Chair Adrian Melissinos, Ph.D., R.N., presented Dean Starck with the organization’s first honorary endowed membership, as well as “several special gifts to commemorate her past service, continued service, and our gratitude for showing nurses and the community how to ‘Light the Way’ for the past 30 years.”

Dean Starck is stepping down after three extraordinary decades of leading the School of Nursing. “As some of us call her, she is the ‘Dean of nursing school deans,’ and thanks to her leadership, the efforts of the faculty members, and the high caliber of our graduates, we are the leading nursing school in the state!” Melissinos said.

“PARTNERS has been with me two-thirds of my journey as dean and for about half of the school’s history—playing a huge role in supporting our growing reputation for excellence since 1994,” Dean Starck noted.

Dean Starck recalled an “old country doctor” that she admired during her days as a young student nurse. “The creed that he lived by was ‘The service we give to others is the rent we pay for being on this earth,’” she said. “I think all of us in the health professions and those of you in PARTNERS and in our community who are here today live by this creed, too.”

Major underwriters for the event at the River Oaks Country Club were: Katherine McGovern and the John P. McGovern Foundation; PARTNERS lifetime and board member Soraya McClelland, her husband Scott McClelland, and H-E-B; Texas Children’s Hospital; and honorary chairs Sheri and Ron Henriksen, who were recognized at the luncheon for...
their record of philanthropy and support of nursing education.

Sheri Henriksen, the 2010 PARTNERS chair, recounted how their older son, James (now healthy in his twenties), endured nine operations and spent more than three months in Texas Children’s Hospital in 1994. “The nurses did everything – even played with James when they had breaks,” she said. “Remember: there’s always a nurse with us when we need care and are at our most vulnerable.”

The Reverend Dr. Linda Christians from St. Luke’s United Methodist Church, a former nurse, offered the invocation and memorialized recently-deceased Mary Joe White, Ph.D., R.N., a much-beloved School of Nursing faculty member for 36 years (see Page 18).

Returning as Master of Ceremonies was four-time Emmy award-winner and HoustonPBS anchor/producer Ernie Manouse.

Hertzenberg closed the program by movingly singing the song, “Light a Candle” from her 2011 debut album, Holidays from the Heart, and received an enthusiastic standing ovation.

PARTNERS stands for “Providing Advancement Resources To Nursing Education, Research and Students.” To date, the organization holds a $1.8-million endowment to support scholarships, endowments, faculty research grants and student services.

Proceeds from the annual luncheon benefit programs and services for the UTHealth School of Nursing. This year marks the 20th anniversary of PARTNERS.

Memberships in PARTNERS continue to steadily increase. Over the past year, PARTNERS registered a 12.5 percent increase in memberships.
Adams – who journeyed from the drive-thru to nursing school, then business owner, philanthropist and supporter of UTHealth School of Nursing – always wanted to be a nurse. When the time came to choose a nursing school, she was determined to find the best one in Texas.

“So I sat down, started doing my research, and it didn’t take all that long to find out that the top nursing school was UTHealth,” Adams said.

As she worked toward her degree, Adams (B.S.N. ‘84) navigated tough classes along with the demands of working full time and planning her wedding. But there were also once-in-a-lifetime opportunities. She observed the legendary Dr. Denton Cooley during an operation – unheard of for a student – thanks to a nursing instructor who grabbed her by the arm and insisted she had to get in somehow. “She was a tiny woman, but surprisingly very strong,” Adams said.

Through her baptisms into the realities of nursing – from holding a nearly-overflowing basin for a vomiting patient to working in the emergency room – she learned to face the panic and weight of responsibility that can overwhelm a student.

“There are lots of things you have to do, and you can’t be falling apart, because you have to be the person who’s going to be there for the patient,” she said. “I really value the education that I got from the School,” Adams later added.

“The opportunities that I had were incredible. When you go out into the world, there is a benefit when you say you are a graduate of the UTHealth School of Nursing.”

After graduating, Adams worked at a minor emergency clinic, trained paramedics at Houston Community College,
and took to the skies as an air ambulance nurse. She cared for seriously ill and injured patients being transported by jet to the United States for treatment—such as a woman with a severe head injury whom she went to Mexico to retrieve.

“When I got to the hospital there, their intensive care unit was a light box on the wall and an IV,” she said, adding that the doctor had constructed a makeshift tube for treatment. “But they had cared for her beautifully.”

After years as a nurse, Adams decided to embrace a new opportunity and more predictable work hours. She returned to McDonald’s— but this time in ownership, eventually co-owning franchises in the Houston area. As her business grew, she was able to be more personally involved in philanthropy, serving with Ronald McDonald House Charities as secretary and then president of the board of directors.

A postcard invited Adams to a membership coffee event for PARTNERS, the School of Nursing’s community support organization. Soon after the event, she was invited to join the School’s advisory council and with her love of nursing undimmed, she eagerly accepted.

“If there’s something that I think is worthy, I don’t have a problem writing a check,” she said. “But when I truly believe in something, it gets my time as well.” Adams, who now chairs the School of Nursing Advisory Council, became a key advocate for the school’s Accelerated PhD Program, which was designed to tackle a shortage of nursing faculty. The program awards stipends (scholarships that provide money for living expenses) to students who commit to earn their PhDs at the School and serve as faculty members at a nursing school in the Gulf Coast. The stipends allow them to study full-time, earning their doctorates in three years instead of the eight it typically takes when only studying part-time.

“During the entire time that I was a nurse, there has been a nursing shortage,” said Adams, who donated to the program’s scholarship fund. “There is not a shortage of people interested in becoming nurses. They just can’t get in because we don’t have enough faculty to teach them.”

Seema S. Aggarwal, a 2012 M.S.N. alumna, is one of two designated Houston Livestock Show and Rodeo Scholars in the Accelerated PhD program (see Page 4). She says that without the scholarships the program provides, she would not be able to earn her doctorate. “Having a PhD will allow me to teach future generations of nurses while generating nursing research that will hopefully be beneficial to future patients,” she said. “I am truly fortunate to have such dedicated and accomplished faculty who have opened the doors for nurses like myself.”

Adams has also supported the Accelerated Family Nurse Practitioner-Doctor of Nursing Practice Program, which works to train nurse practitioners to fill the state’s gap in health care providers. Adams was honored as one of five new Distinguished Alumni at the nursing school’s 40th anniversary celebration last year, joining 35 others who were named during earlier anniversaries.

“She has just made an enormous difference for the School,” Dean Patricia L. Starck said of Adams. “Not only through her work on the advisory council, but also how generously she’s given to these programs that are so crucial to meeting the community’s needs.”

Adams, who hopes to “leave things better than I found them,” encourages other alumni and current students to think of ways to give back to the School of Nursing and stay involved. Everyone has valuable insight and ideas, she says, that can propel the School to continued excellence.

“This school makes history,” she said, “and who doesn’t want to be a part of that?”
“Nursing prepared me well for life!” says former Army Nurse and successful “vetrepreneur” Marylynn Harris, the 2014 Distinguished Alumni honoree of the UT Health School of Nursing Alumni Association. “It created a foundation for all I have done – a foundation built on knowledge, integrity and skills that have transferred to and transformed many other aspects of my life.”

An evening event at the School of Nursing on Sept. 11, 2014 celebrated Harris’s addition to the honor roll of the school’s 41 distinguished alumni since 1972.

“I am very proud and happy to receive this award,” Harris told about 100 guests. “I dedicate this award to all nurses that genuinely seek to serve others with skill and grace, and to all present and future nurse entrepreneurs!”

Harris graduated with a Master of Science in Nursing (M.S.N.) in the nursing school’s Class of 1997. In fall 2014, she was admitted to UT Health’s D.N.P. program.

Harris is a disabled war veteran (serving 1981-92), as well as founder and executive director of the nation’s only Women Veterans Business Center. The Center is a 501(c)(3) non-profit organization with the mission of educating and empowering women veterans (and military families) to start and grow veteran-owned businesses.

Last year, Harris was honored by President Obama as a “White House Champion Of Change,” and she also was among 14 female veterans honored during a Women’s History Month reception at the White House.

In 2006, she founded Harrland Healthcare Consulting, LLC. Harris was named the 2013 “Veteran Business Champion of the Year” by the Small Business Administration and, this year, she was a Finalist for the “Woman Vetrepreneur of the Year Award” from the National Association of Veteran Owned Businesses.

“We honor our Distinguished Alumni for contributions made to nursing through patient care, research, education, advocacy, philanthropy and related endeavors, as well as continued commitment to the school,” said Dean Patricia L. Starck. “We especially note the likelihood that they may serve as an inspiration or mentor for our current students and junior faculty members – and Marylyn Harris is exactly this kind of inspiring role model.”

During the event, the ceremonial gavel passed from Alumni Association president and ’99 B.S.N. grad Melisa Frisby (who has served two consecutive two-year terms) to new president Colleen Kehr, an ’84 B.S.N. alumna.

Also, the late Dr. Elizabeth “Betsy” Carlson was posthumously honored at the event for 2013 Distinguished Alumni recognition. Carlson, who died of cancer in March 2013 in Springfield, Ill., earned all of her three nursing degrees at UT Health – B.S.N. (’94), M.S.N. (’97), Ph.D. (2003) and also her M.P.H. (’97) from the UT School of Public Health.

“Betsy had a truly remarkable career as an educator and a researcher on social capital, complexity and community health,” said her nominator Joan C. Engebretson, Dr.PH., R.N. “She left a wonderful legacy.”

Several Carlson family members traveled to Houston for the event from out of town, including some from three states on two coasts.

To get in touch with the Alumni Association, email: alumni@uth.tmc.edu.
Answering the call for more nurses - and thus the faculty to prepare them, the UTHealth School of Nursing:

- Was selected as one of only 14 nursing schools nationwide to be the first to receive a grant from a new Robert Wood Johnson Foundation program to increase the number of nurses holding Ph.D. degrees.
- Received support from donors to fund scholarships for doctoral students enrolled in the Accelerated PhD program. Graduates of the program make a commitment to teach at the baccalaureate level for at least three years.
- Created a new accelerated graduate-level program to prepare family nurse practitioners to meet the increasing demand for primary care.

In FY 2014, the School of Nursing received a total of $1,394,313 in new gifts and pledges. The school received 639 gifts, a 17.65 percent increase over FY 2013, from 449 donors. Two new endowments from planned gifts resulted in the following:

- **Lillian Eriksen Memorial Endowed Scholarship for Global Health:** a permanent endowment that will be used for the benefit of the School of Nursing. Funds distributed from the endowment will be used to provide scholarships to students in good academic standing, with a preference for international students who intend to practice in their home country and United States citizens and permanent residents who intend to practice outside the U.S.
- **Carol Lewis Heideman Endowed Scholarship:** for incoming first-year Bachelor of Science in Nursing (B.S.N.) students with financial needs.

For a study published by Drs. Cathy Rozmus & Deborah J. Jones in the *Journal of Nursing Education and Practice*, the authors randomly assigned 50 students to the new Pacesetter BSN curriculum and 92 students to the traditional BSN curriculum. There were no differences in the measures of academic success, with the Pacesetters having a 100 percent NCLEX pass rate. First-year job retention rates were 63 percent for the traditional students and 100 percent for Pacesetters. One goal of the study was to produce graduates who were more job-ready upon graduation having “lived the life of a nurse” for 16 weeks doing full-time clinical rotations. (Photo by Nash Baker)
McGovern Outstanding Teacher Awards for 2014 go to Hanneman & Laird

During a jubilant UTHealth School of Nursing commencement ceremony in which 355 students “walked” for their degrees, Sandra K. Hanneman, Ph.D., R.N., FAAN, was announced as the 2014 John P. McGovern Outstanding Teacher in the undergraduate program. Patrick A. Laird, D.N.P., was selected for the annual teaching award by the school’s graduate nursing students.

These student-selected teaching awards honor faculty members at each of the six UTHealth schools for stimulating curiosity, promoting professional development and contributing to students’ abilities to think creatively. The awards are made possible by an endowment from the John P. McGovern Foundation.

Cathy L. Rozmus, Ph.D., R.N., professor and associate dean for academic affairs, announced this popular annual faculty honor during May 9, 2014 commencement ceremonies at the Bayou City Event Center.

Hanneman and Laird were chosen from a field of 42 School of Nursing candidates submitted by students for this year’s McGovern Outstanding Teacher Award.

“That class was hard!”
Hanneman, Center for Nursing Research professor and holder of the Jerold B. Katz Distinguished Professorship for Nursing Research, was lauded by her students as “an excellent professor with a huge knowledge base that greatly challenges her students” and as “very dedicated to ensuring that her students have the knowledge to become the best nurses possible.”

“The thing that inspired me the most about Dr. Hanneman was her dedication to her patients, the way she encouraged us to use independent thinking and not simply do as others do and say,” a student commented. “She ingrained in me more than any other teacher that the job of a nurse is to care for our patients to the best of our abilities and make changes when there is something that is keeping that from happening.”

Several students wrote about the difficult subject matter in Pathophysiology (N3517), a required course in the B.S.N. curriculum taught by Hanneman.

“Dr. Hanneman literally changed my view of nursing and life in general,” one student nominator wrote. “That class was hard, but I learned more in her class than I did in all of my other undergrad. She cared about our success and equipped us with everything necessary to help us succeed. She listens, is realistic, grades fairly, tested us on what she taught us, and there were no ‘tricks’ or manipulations. She just wants us to be great, informed nurses that care about our patients. She is wonderful!”

May 2014 MSN-FNP graduates (left-right): Bilal Elhouchi, Jeffery Calhoun, Jeanette Cerna & Ashley Huynh.
“Even though I struggled in ‘Patho’ the entire semester, it was my favorite class,” said another student. “I learned so much, and her personal experiences made a lasting impression. My favorite thing had to be dancing to ‘We Are Family’ before every test. Didn’t like the tests because they were difficult for me, but I loved the class and Dr. Hanneman!”

A UTHealth faculty member for 18 years, Hanneman conducts laboratory and clinical research on weaning adult patients from mechanical ventilation, using a chronobiology perspective, and leads clinical trials to test the efficacy and safety of interventions to prevent pulmonary complications in mechanically-ventilated adults.

“Dr. Hanneman was overwhelmingly the undergrad favorite this year,” said Laurie G. Rutherford, M.B.A., executive director of the Office of Student Affairs. “Students called her a wonderful, brilliant professor and one of the best educators the school has.”

“We love our Dr. Laird!”

Laird also served as 2013-14 president of District 9 of the Texas Nurses Association, which includes nearly 40,000 members in the counties of Fort Bend, Harris, Liberty Montgomery, San Jacinto, Trinity, Walker, and Waller.

“He seems to be so sincere about wanting us to learn and doesn’t leave anyone behind in lecture,” wrote a nominating graduate student. “He is very creative in getting us to think independently, he responds to emails in a timely manner, and he is very accommodating if we have questions. We love our Dr. Laird!”

Another appreciative graduate nursing student noted: “He goes out of his way to make sure students are better informed to make wise decisions for their future career. He encourages community outreach and informs students of advanced nursing events. He also promotes networking to improve job opportunities.”

The School of Nursing’s commencement speaker was University of Texas System Executive Vice Chancellor for Health Affairs Raymond S. Greenberg, M.D., Ph.D.

May 2014 graduates totaled 254 students, 179 receiving the B.S.N. and another 75 collecting graduate degrees (including 26 doctoral degrees).

Since 1972, more than 9,780 nursing degrees have been granted to its graduates by UTHealth School of Nursing.

Hickey among nine UTHealth faculty members honored by Regents

Joanne V. Hickey, Ph.D., R.N., who holds the Patricia L. Starck/PARTNERS Professorship in Nursing, received The University of Texas System Regents’ Outstanding Teaching Award for 2014. The honor, which includes a monetary award of $25,000, recognizes those who deliver the highest quality of instruction in the classroom, the laboratory, the field or online. A total of 39 new members from UT health institutions were selected for 2014.

“Being a teacher, I am privileged to have the opportunity to influence the growth and development of students as critical thinkers and leaders who apply their knowledge to achieve optimal outcomes for countless individuals and populations,” Hickey said.
Embracing global health challenges

Program seeks to enhance nursing workforce in Rwanda

Jennifer DiMaggio, M.P.h., R.N., UTHealth School of Nursing’s first on-site employee under the Rwanda Human Resources for Health (HRH) Program has been hard at work since January 2014 as a pediatric clinical mentor for local nurses and an advisor to nursing administrators.

In June, DiMaggio (B.S.N. ’09) celebrated the graduation of her first physical assessment class. Her return date to the U.S. is in December.

She was joined in late August by three additional UTHealth clinical educators in southeastern Rwanda. All four work under the auspices of a global health initiative championed by former President Bill Clinton and Rwanda President Paul Kagame to develop a better nursing workforce in that nation. Participants are not responsible for direct patient care.

Julie Pfeffer, M.S.N., an oncology nurse from the Dallas area, is the designated lead of the UTHealth contingent in Rwanda. She primarily works with Rwandan nurses on an internal medicine unit at the teaching hospital in Butare in the southern part of Rwanda. Also stationed in Butare, and a housemate of Julie’s, is Alexandra “Alex” Bambrick from Maryland. Bambrick holds an M.P.h. degree and is a critical care nurse.

The third new member of the team sponsored in Rwanda by UTHealth is Ashley Nichols, R.N., M.P.h. Nichols, formerly from Prairie View A&M University School of Nursing, is stationed at King Faisal Hospital, a major teaching hospital in the capitol city of Kigali.

“We have two key objectives: meet the Rwanda Ministry of Health’s goal of achieving self-sufficiency and offer our faculty members a unique experience that they can share with our students when they return,” said Susan Benedict, Ph.D., director of the Global Health Program at the UTHealth School of Nursing.

There are currently fewer than 7,000 nurses in Rwanda who can provide care for the country’s 12 million citizens. According to the HRH Program, most of the nurses have only the minimum level of training. The nursing component of this program is heavily focused on enhancing the skill of the workforce by developing an educational pathway for nurses to achieve an “A0” (bachelor’s degree) level.

Five other U.S. nursing institutions are participating in the seven-year, $150 million program in Rwanda.

IN MEMORIAM:

Mary Joe White, PhD, RN
1947-2014

Mary Joe White, Ph.D., R.N., a much-beloved faculty member of the UTHealth School of Nursing for 36 years, lost her battle against glioblastoma on April 8, 2014. She was in hospice care with her family and many friends near her.

White, 67, first joined the School as an instructor in 1977. Starting in 1998, White effectively served in the important role of RN/BSN/MSN track director. When she left the nursing school due to ill health in 2013, she was an associate professor of nursing, holding tenure since 1987.

“Mary Joe was a mentor and role model to nearly four decades of nursing students – a great professional legacy,” said Dean Patricia L. Starck. “Her sense of humor was legendary, and her influence on this school – its faculty, staff, students, alumni and the patients they care for – is like an everlasting ripple that goes farther and farther.”

White is survived by her husband, Howell White, and children Maggie (currently a UTHealth D.N.P. student) and Mitchell White; and by her sister, Ann French of Boerne, Texas.

The Mary Joe White Scholarship Fund has been established in her name and will assist future students of the School of Nursing. Memorial gifts may be mailed to: UTHealth Office of Development 7000 Fannin, 12th floor Houston, TX 77030.

EDITH SUMMERLIN, PH.D., R.N.

MARIYA TANKIMOVICH, D.N.P.

JING WANG, PH.D., M.P.H., R.N.


DIANE W. WARDELL, PH.D., R.N.


MARY JOE WHITE, PH.D., R.N.


GERI LOBIONDO-WOOD, PH.D., R.N., FAAN


LUBA YAMMINE, PH.D., APRN

ERICA YU, PH.D., R.N.

Faculty Research
Fiscal Year 2013-2014


Wang, J., Cron, S. (2013) Implementing a Multiple Behavior Self-Monitoring Intervention within a Diabetes Education Program. AADE Foundation. ($6,000).


Directed by Dr. Elda Ramirez, the School’s emergency/trauma group practiced a live emergency simulation in Grant Fay Park last May. Standardized patients performed as trauma victims, and everyone worked together to triage, treat and learn.