Call for Papers


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Special Issue on the Importance of Sleep for Child Wellbeing

Editors-in-Chief:
Christopher Greeley, MD, MS (Texas Children’s Hospital, Baylor College of Medicine) Robert Sanborn (CHILDREN AT RISK)

Guest Editor:
Binal Kancherla, MD (Texas Children’s Hospital, Baylor College of Medicine)

Published by CHILDREN AT RISK and the Texas Medical Center Library and edited by the CHILDREN AT RISK Institute, the Journal of Applied Research on Children (JARC) serves to inform policy affecting children by providing applicable research to the public, child advocates, and policymakers on timely children’s issues. Providing practical case studies and research on the transformative potential of policy change, JARC issues provide a powerful link between data and policy solutions to strengthen the arguments of child advocates across the country.

Children’s sleep is an integral part of development. Untreated sleep disorders can often have multiple negative impact on children’s development, health, and long-term wellbeing. Sleep is also an important component of the family dynamic and overall household health. Pediatric Sleep Medicine specialists rely heavily on adult sleep research data to help aid policy development in treating children. Children however have unique needs regarding their sleep and many sleep disorders that are overlooked in childhood.

This special issue of the Journal for Applied Research on Children will focus on articles that have implications for sleep health in children from birth to early adulthood. Both clinical, translational, and population-based research in pediatric sleep medicine is needed to help primary care providers and pediatric specialists to understand the unique sleep needs and disorders found in children.

The Journal of Applied Research on Children is available online in an open-access format (jarc.childrenatrisk.org) and is indexed in CINAHL and SocINDEX, making it available to child advocates, researchers, practitioners, and policymakers across America. Since its launch, journal articles have been downloaded over 165,000 times worldwide. The submission and rigorous double-blind peer review process are completed entirely online. Authors are encouraged to take advantage of the journal’s online format by including videos, interactive charts, or links to online resources.

We encourage interested authors to submit an abstract or letter of interest to the managing editor at jarc@childrenatrisk.org by November 19, 2021. If the abstract is approved, full manuscripts will be due, February 28, 2022. To view past issues of the journal or to submit a manuscript, please visit jarc.childrenatrisk.org.